

## Gratitude Affirmations

- I welcome each moment as a gift, filled with lessons and blessings.
- My heart expands with gratitude for the simple joys that surround me.
- I honor the abundance already present in my life.
- Gratitude flows through me, restoring balance and peace.
- I am thankful for the love, support, and connections that nurture me.
- Each breath reminds me of the miracle of being alive.
- I choose to see beauty in the ordinary and the extraordinary.
- My gratitude transforms challenges into opportunities for growth.
- I celebrate the present moment with appreciation and joy.
- Gratitude is my daily ritual, guiding me toward clarity and fulfillment.

